

Stretching Your Money with Coupons

Level: Prepared Carolee Fogg By:	Timeframe:Mordi	Topic: Chapter/School:	Middleton High School	
Overview & Purpose			FCCLA National Program(s)	
Students will examine ways to make their money go farther with coupons.			Financial Fitness STAR Events	
Idaho Standards	YL 3.0 TL 4.3 HS 4.1 TLC 6.0 12.0 13.0 16.0	TP 6.0	Programs of study Personal and Family Finance Adult Living Teen Living	

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Students will explore why people use coupons. Students will identify where to locate coupons. Students will identify what coupons are available for products they use.		
Materials Needed	 Paper Pencil Computer with Internet 		
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Give everyone in the class 5 pennies. Ask them what they could get with their pennies. (not a lot) Ask them what they could get if they combined all their pennies? (depending on the class size 25 students= \$1.25) Point out that they can get more if they pool their pennies. Pinching pennies has become a way of everyday life for many. Using coupons for groceries and other items is a way to cut the fat in the monthly budget and make your money go farther.		
Steps Guided Practice Verification (Steps to check for student understanding)	Ask guided questions during discussions to ensure student understanding of main concepts		

Have students read over the information found at http://www.makelifeeasy.com/resources/rpt_coupons.asp or another website that explains the use of coupons. Discuss as a class- Why people use Coupons Where to find Coupons The types of Coupons available Online Ways to use Coupons to create a shopping list	
Have students make a list of 30-50 products that they use in their homes. Have them also list their favorite meal including all the ingredients needed to make it. Then have them use the newspaper and online sites to see if they can locate coupons for these products. Also locate the full price for items needed to make their favorite meal and do a before and after coupon price. Then have them report their findings to the class. Identifying how many they found, what were some of the best sites and what were the top 5 best coupons they found. How much could they save on their meal by using coupons?	
Optional – create a coupon file for your families use	
Class discussion Student research Student presentations	
Student should write a ½-1 page paper on what they learned on the subject presented and how they will apply it in their lives.	
(e.g. Web, books, etc.) http://fefe.arizona.edu/	
National Spotlight Project	

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